Daily Current Affairs

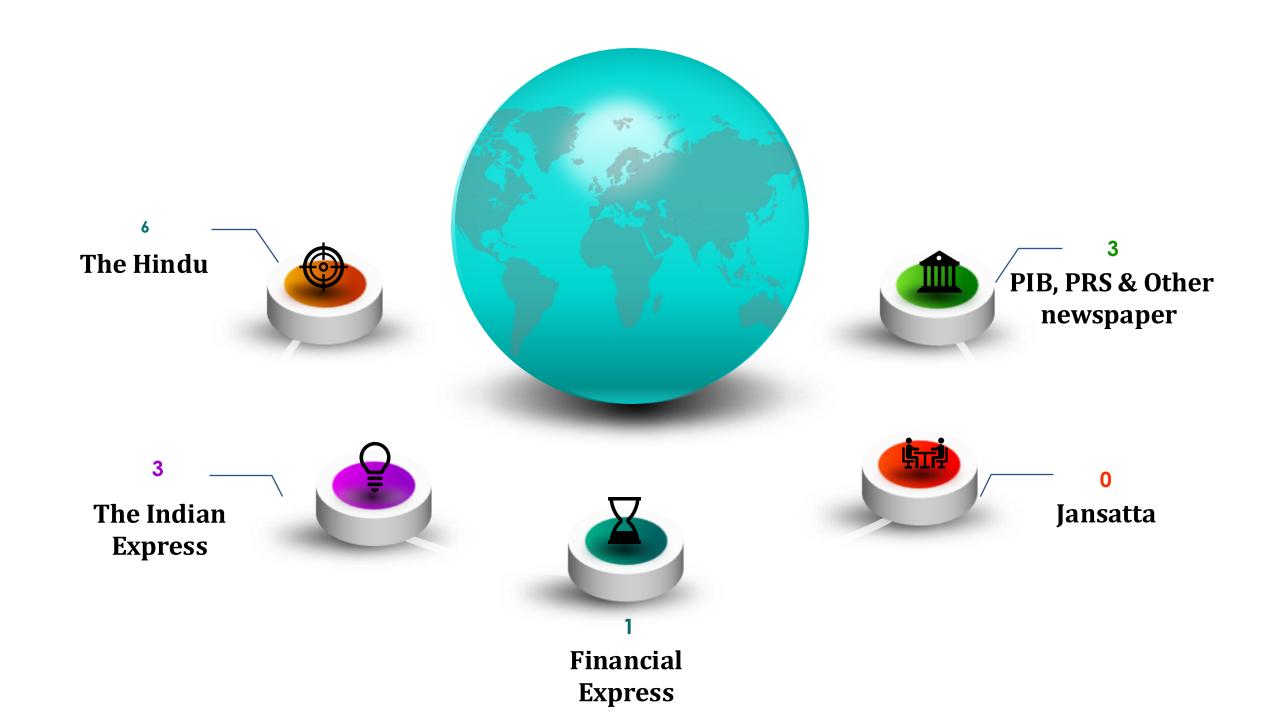




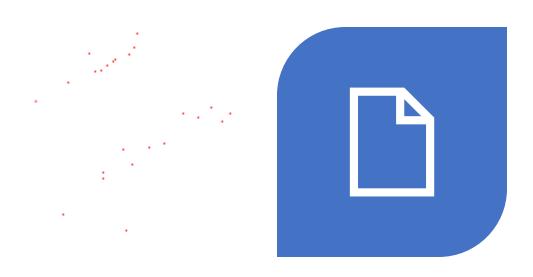








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10 MCQ QUIZ



"It's only after you've stepped outside your comfort zone that you begin to change, grow, and transform."

- Roy T. Bennett



Huge crowds line streets to bid VS farewell



UNESCO again

China, India and the conflict over Buddhism Faith lies at the heart of the geopolitical frontier



Team India will look to keep series alive SPORT » PAGE 16

INSIDE

NEWS » PAGE 6



'21 children died in 3 days in Gaza from starvation'

Mohammed Abu Salmiya, in Gaza City said on Tuesday that 21 children had died across the Palestinian territory in the past three days "due to starvation Secretary General Antonio Guterres warned on Monday evening that "the last lifelines keeping people alive are collapsing" in Gaza. 39 PAGE 14

Trade, Khalistani presence on PM's agenda for U.K.

NEW DELHI Bilateral trade is a major agenda item as Prime Minist Narendra Modi heads to the U.K. on Wednesday but the talks will also feature discussions on pro-Khalistan elements in the U.K., and ndia's policy on bringing U.K.-based fugitives to justice. The presence of Khalistani activists in the U.K. and cohesion", Foreign Secretary Vikram Misri said. 39 PAGE 4

Students seek aid for victims after Dhaka iet crash

protested near the site of the crash of a Bangladesh air force training jet into a school in the nation's capital, demanding occountability, compens or victims' families and the halt of training flights. The toll from the crash rose to 31 in the deadliest plane crash in the Bangladeshi capital in recent nemory, including at least 25

Dhankhar's resignation notified, Sc notice to Centre, but important questions remain

No official word on what prompted his resignation: sources link it to his acceptance of a notice from Opposition seeking removal of Justice Varma, which govt, infunded to be bipartisan; Cong, leader says there are 'deeper reasons' for the exit

he Union Home Mi-nistry on Tuesday issued the Gazette notification of Jagdeep Dhankhar's resignation as Vice-President, ostensibly on health grounds, less than 24 hours after he submitted it to President Droumarking his abrupt exit from the post. Prime Minister Naren-

Prime Minister Naren-dra Modi acknowledged the resignation in a brief post on X, without any elaboration. "Shri Jagdeep Dhankharji has got many opportunities to serve our country in various capaci-ties ireduders as the Vice

ties, including as the Vice President of India. Wishing him good health," he said. Though there is no offi-cial word on what prompt-

Veil of mist

Deputy Chairman of the Rajya Sabha Hariyansh Narayan Singh calls prise as it had intended the motion for removal to be a bipartisan initiative origi-nating in the Lok Sabha. ed the resignation, sources say it may have been linked to Mr. Dhankhar's decision to accept a notice submit-ted by 63 Opposition MPs seeking Justice Yashwant Varmar's removal. Sources say the govern-

Sources said the matter led to a heated exchange of words between officials in

ment functionaries.

While this may have act ed as the immediate trig-ger, sources suggest there were other underlying dif-ferences between Mr. Dhankhar and the government. Sources say Mr. Dhankar and the govern ment have not been in sync for some time.

Mr. Dhankhar had also, on one occasion, publicly admonished Union Agriadmonished Union Agri-culture Minister Shivraj Singh Chouhan at a func-tion, urging him to initiate a dialogue with protesting farmers. On Tuesday, the Opposi-tion raised questions over the circumstances of Mr. Dhankhar's denarture.

Dhankhar's departure. Congress chief whip Jairam Ramesh, in a post on X, de-scribed events on Mr.

He pointed to the ab-sence of Leader of the House in the Rajya Sabha J.P. Nadda and Parliamentary Affairs Minister Kiren Rijiju from a meeting of the Rajya Sabha's Business Advisory Committee (BAC), which Mr. Dhankhar reportedly took umbrage at. Mr. Ramesh maintained

that there were "deeper reasons" for the resigna-tion. tion.
Mr. Dhankhar resigned on Monday evening, citing medical reasons in his let-ter to President Droupadi Murmu. He said he was stepping down with imme-diate effect.

IAF to retire

September

Saurabh Trivedi

MiG-21 iets in

After protecting the skies for more than six decades, the MiG-21 liston fighter and the state of the state of

The ceremony will be at-

sian-origin jets. According to sources, there are plans

to replace the MiG-21 jets

with the Tejas MkIA fighter

airbase in September.

aircraft.

ing in mid-August.

The Bench – including Justices Surya Kant, Vik-ram Nath, P.S. Narasimha, and A.S. Chandurkar – is-

The Bench is scheduled to reconvene on July 29.

Tamil Nadu, represented by senior advocate P. Wilson, said the issues raised had already been addressed in the SC's April 8 judgment in the case concerning the delay by the Governor in assenting to

States on President, Governors' powers



Krishnadas Rajagopal

headed by Chief Justice of India B.R. Gavai on Tues-day said the questions raised by President Drou-padi Murmu in her Presi-dential Reference regard-ing the powers of the President and Governors in granting assent to State output of the control of the country. headed by Chief Justice of

country. The Chief Justice indicated that the matter may be listed for detailed hear-

sued notices to all States and the Union govern-ment, seeking their responses to the Presidential Reference. The notices are returnable within a week. The Bench is scheduled to

Governor in assenting to the Bills. Senior advocate K.K. Venugopal, appearing for Kerala, questioned the maintainability of the reference issued on May 13.

'Concerns entire nation' Chief Justice Gavai responded that the questions raised in the reference were not confined to Tamil Nadu or Kerala. "The issue

to pass an equitable order without hurting any senti-

said. "We are keeping all the questions [in the Presidential Reference] open," Chief Justice Gavai told the Chief Justice Gavai :

bal, A.M. Singhvi, Rakesi Dwiedi, and Gopal Salya-mani im also appeared. The Presidential kefe-rence imade undo Article 43 of the Constitution, broadil seels clarity on whethe juricial powers extend by lingoing time extend by lingoing time Governors, under, Articles Governors under Articles 200 and 201. These Articles deal with the process by which Governors grant or withhold assent to Bills or withhold assent to Bills passed by State Legislatures, and refer them to sence of any constitutionally prescribed time limit or manner of exercise of time limits be imposed and manner of exercise of powers of the sence of t

Bench comprising Justices J.B. Pardiwala and R. Mahadevan, dealt with the delay by the Tamil Nadu Gover-nor in acting on 10 re-passed Bills. The court had held the Governor's ac-

SC may hear appeal by | SC asks eateries along Kanwar route to display details Maharashtra in train blasts case tomorrow

The Hindu Bureau NEW DELHI

The Supreme Court on Tuesday indicated is in-tention to list on Thursday the Maharashtra go ern-ment's appeal challening ment's appeal challenting the Bombay High Court judgment acquitting al 11 convicts in the 2006 Mum-bai train bloom

SM (TOTAL)

convicts in the 2006 Mim-bai train blasts case, which killed 187 people and left more than 800 injured. Solicitor-General Tush-ar Mehta, appearing for the State, made an oral mention of the matter be-fore Chief Justice of India B. R. Gavai requesting that responded by asking whether Thursday would

be acceptable, to which Mr. Mehta agreed.
The Bombay ligh Court had, in its rules, observed and in the light of light o

ment observed Monday.

acceptable, to which

gistration certificates.
Quoding Karl Marx's "religion is the opium of the
people", and remarking
material control of the
mater", a Bench of Justices
M.M. Sundresh and N. Kotiewar Singh said it was ulchoice to pick suitable
places of nourishment.
The court was hearing ement for food vendors
along the Kanwar Yatra
route to display QR code
stickers along with the

The Supreme Court on Tuesday said Kamwariyas must be free to choose where they want to cat the staturants on the Kamwar Yattar outse must comply with a statutory mandate to discuss the statural statura

Question of business

Question of business During the hearing, Justice Sundresh questioned gradient and the surface surface and the surface surface and the surface surface and through the period who the surface surface and through the surface s



Long hauf: Kanwariyas carrying water from the Ganga in Haridwar taking out a procession in New Delhi on Tuesday. R. V. MOORTHY

sumers should know," Jus-tice Sundresh observed. "We must give that fleximarked. The court said it wanted

submitted.
Senior advocate Huzefa
Ahmadi, also for petitioners, urged the court to not
entangle the issue of
choice of food with the
States' mandate to display

and employees. "Everyone has the right to know what is being served. During the yatra, there is a specific dictate

Senior advocate A.M. Singhvi said it was true In-dia was one of the most dithat I respectfully accept. It is a reasonable restric-tion... The demand of the verse spots on the planet. "My choice may annoy you or your choice may anyou of your choice may an-noy me. But the exercise of the property of the control of the property of the control of legal power by the State for an ulterior mortor is an sue here is identity polit-ics... You [the States] are trying to ostracise the esta-trying to ostracise the cat-nority community which comply with all your re-quirements. We show the Senior advocate Huzefa consumers is served by providing only vegetarian fare. But there is no need to disclose that the eatery had once served non-vege-tarian food... The name of the identity of the owner

or his employees have nothing to do with food," Mr. Ahmadi said. Mr. Ahmadi said.

He urged the court the need for a balance of rights, saying the consumers' choice cannot stump

SC asks eateries along Kanwar route to display details

Krishnadas Rajagopal

NEW DELHI

The Supreme Court on Tuesday said Kanwariyas must be free to choose where they want to eat while mandating that restaurants on the Kanwar Yatra route must comply with a statutory mandate to display their licences and registration certificates.

Quoting Karl Marx's "religion is the opium of the people", and remarking how food habits "alienate", a Bench of Justices M.M. Sundresh and N. Kotiswar Singh said it was ultimately the pilgrims' choice to pick suitable places of nourishment.

The court was hearing a plea challenging a requirement for food vendors along the Kanwar Yatra route to display QR code stickers along with the owners' names prominently on banners outside their establishments. The petitioners include Apoorvanand Jha, the Association for Protection of Civil Rights, and Trinamool Congress MP Mahua Moitra. The States *en route* the yatra include Uttar Pradesh and Uttarakhand.

Senior advocate Mukul Rohatgi, for one of the States, said the regulations were based on a Central law.

Ouestion of business

During the hearing, Justice Sundresh questioned whether there were restaurants which had been serving non-vegetarian food before the yatra but switched to pure vegetarian during the pilgrimage months for "better business". He said there were people who did not touch



Long haul: Kanwariyas carrying water from the Ganga in Haridwar taking out a procession in New Delhi on Tuesday. R. V. MOORTHY

garlic or take onion.

"If a hotel was pure vegetarian all through the year, then indicating the names, etc., will not arise. But if a hotel, where nonvegetarian food was served, is converted to pure vegetarian only for the Kanwariya Yatra for

better business, the consumers should know," Justice Sundresh observed.

"We must give that flexibility to the consumer. It is the comfort zone of the consumer. The consumer is the king," the judge remarked.

The court said it wanted

to pass an equitable order without hurting any sentiments.

Senior advocate A.M. Singhvi said it was true India was one of the most diverse spots on the planet.

"My choice may annoy you or your choice may annoy me. But the exercise of choice must not mean blanket exclusion...The use of legal power by the State for an ulterior motive is an act of malice. The only issue here is identity politics... You [the States] are trying to ostracise the establishments owned by a minority community which comply with all your requirements," Mr. Singhvi submitted.

Senior advocate Huzefa Ahmadi, also for petitioners, urged the court to not entangle the issue of choice of food with the States' mandate to display the names of the owners and employees.

"Everyone has the right to know what is being served. During the yatra, there is a specific dictate that I respectfully accept. It is a reasonable restriction... The demand of the consumers is served by providing only vegetarian fare. But there is no need to disclose that the eatery had once served non-vegetarian food... The name or the identity of the owner or his employees have nothing to do with food," Mr. Ahmadi said.

He urged the court the need for a balance of rights, saying the consumers' choice cannot stump everything.

The court, however, said Tuesday was officially the last day of the yatra, and it did not want to go further into these issues.

The Supreme Court was hearing a petition against the requirement for eateries along the Kanwar
 Yatra route to display:

QR codes

Licences,

Registration certificates,

Names of owners and employees

- Petitioners: Apoorvanand Jha, Association for Protection of Civil Rights, and MP Mahua Moitra.
- States involved: Uttar Pradesh and Uttarakhand.

2. SC's Observations

- Cited Karl Marx: "Religion is the opium of the people."
- Justice M.M. Sundresh and N. Kotiswar Singh:
 - Emphasized freedom of choice for pilgrims to eat what and where they wish.
 - Rejected blanket exclusions or identity-based regulations.
 - Stressed: "The consumer is the king."

3. Core Issues Discussed

a) Disclosure Requirement

- Some eateries had switched to pure vegetarian fare only during Kanwar Yatra for "better business".
- Justice Sundresh argued that consumers deserve transparency:

"If the hotel used to serve non-veg food before, and has changed just for the yatra, it should be disclosed."

b) Consumer Rights vs Identity Politics

- Advocates argued:
 - States were targeting minority-run establishments under the garb of regulation.
 - Justice Singhvi: Choice should not be used to ostracize any community.
 - Justice Huzefa Ahmadi: Name/identity of owner/employee has nothing to do with food.

c) SC's Balance of Rights

- The SC sought a balance:
 - Protect pilgrims' food preferences.
 - Avoid infringing minority rights or using regulations for political or religious exclusion.

Dimension	Insights
Polity	Role of judiciary in ensuring religious and consumer rights under Article 19 & 21.
Governance	State powers to regulate public services vs overreach.
Ethics	Debate between transparency for consumers and non-discrimination for vendors.
Society	Identity politics in religious pilgrimages and communal food practices.
Economy	Impact of religious events on business models of small food vendors.

Q. Consider the following statements regarding the recent Supreme Court observations on food vendors during Kanwar Yatra:



The Court mandated that eateries display the name and religion of the owners and staff.

- 2. The Court upheld that Kanwariyas must have the freedom to choose where and what they eat.
- 3. Justice Sundresh emphasized that changing to vegetarian fare solely for the Yatra must be disclosed.
- **4.** The Court observed that the consumer's right to know does not justify targeting specific communities.

Which of the above statements is/are correct?

A) 1, 2 and 3 only

B) 2, 3 and 4 only

- C) 1 and 4 only
- D) 2 and 4 only

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n nt adiness on the part
or the noncerned Agency
ca wit out such work".
A ra eness drives were
cond ted - only "partial"
be the wake of just seven of the deaths, in Chennai art Kanche-puram
districts in Tamil Nadu,
and in Satara district in
Maharashtra.

cording to the social audit, which further noted that even in the 18 cases where

written consent was taken from the workers, "they were not counselled on the risks involved in the work".

The study found that in

INBRIDE



Surprised at pace with which our body adapts: Shubhanshu

Indian astronaut Group Captain Shubhanshu Shukla, who is undergoing a rehabilitation programme in the U.S., said he was "surprised to observe the pace with which our body can adjust to new settings". In a post on Instagram, Group Captain Shukla, who returned to earth on July 15 after spending 18 days in the International Space Station, said, "Experiencing microgravity, our body goes through several changes like fluid shift, heart rate, balance readjustment, muscle loss. These are adaptations to the new environment. Once the body gets used to this and we return to gravity, these adjustment

West Bengal bids farewell to Naxal leader Azizul Haque

Kolkata on Tuesday bid an emotional farewell to Naval leader Azizul Haque, who passed away at a private hospital on Monday. He was 83. The veteran leader's passing marks the end of an era in radical Lettist politics of West Bengal. Haque is survived by his wife and daughter. Haque was one of the first leaders to be expelled from the CPI(M) for following his mentor Charu Mazumdar's ideology. He co-founded the CPI(ML)'s Second Central Committee with Nishith Bhattacharya. During their time, they tried to establish parallel revolutionary governments in West Bengal and Bihar. Born into a Zamindari family in 1942, he joined the Naxal movement at the age of 17 and gave up his share of the land as a show of his political ideology.

In over 90% of sewer deaths, workers had no safety gear'

In an audit of 54 sewer deaths in 2022 and 2023, no equipment was given in 47 cases; only five of

ver 90% of work-ers who died while cleaning sewers did not have any safety gear or personalised pro-tective equipment (PPE) kits, according to a recent social audit commissioned by the Union government to look into hazardous sewer and septic tank cleaning across the country. Even in the cases where they had some safety gear, it was limited to a pair of gloves and gumboots. In September 2023, the

Social Justice Ministry commissioned a study into hazardous cleaning deaths, which analysed the deaths, which analysed the circumstances surrounding 54 such deaths in 17 districts across eight States and Union Territories that occurred in 2022 and 2023.
Government data show 150 people across the country died due to hazardous cleaning in 2022 and 2023.
The social and in the country died to the country died due to hazardous cleaning in 2022 and 2023.

The social audit, whose findings were made public in Parliament on Tuesday, investigated hiring me-chanisms, the use of safety equipment, institutional set-ups, availability of PPE kits, rapid response readi-ness and equipment, and



awareness of the law banning manual scavenging.

No safety equipment In 49 out of the 54 deaths examined, the workers examined, the workers were not wearing any safety equipment. In five cases, they were wearing just
gloves, and in one case,
gloves and gumboots.
In 47 instances, "no mechanized equipment and
safety gears for cleaning of
sewers and septic tanks
were made available to the
workers". The audit proport

workers", the audit report said. In fact, it was able to identify just two instances where this equipment was made available and only one where the requisite training was provided. The audit noted that in 45 of these deaths, "it was found the workers were em-ployed by a government agency, and in three cases, they were employed by the public sector but were hired by private employers for the particular work they were doing when they died.

These findings became public when the Social Jus-tice Ministry was replying

tice Ministry was replying to a question in the Lok Sabha by Congress MP Praniti Sushilkumar Shinde. In its response, the Ministry added that it has Ministry added that it has already launched the NA-MASTE scheme for ad-dressing the problem of hazardous cleaning of sew-ers and septic tank work-ers and waste-pickers in Ju-ly 2023.

This is in line with the

This is in line with the government's declaration that manual scavenging has ended in the country, and that it is the problem of hazardous cleaning of sewers and septic tanks that now needs attention.

So far, the NAMASTE scheme has identified 84,902 sewer and septic tank workers in 36 States and UTs across the coun-try, of which a little over half have been provided with PPE kits and safety

Weight gain begins 8 weeks after stopping anti-obesity drugs'

Wednesday, July 23, 2025

Ramya Kannan

A review of data from clini-cal trials of weight-loss drugs has concluded that weight regain begins about eight weeks after stopping these medications, and continues an to 20 weeks continues up to 20 weeks, before stabilising at about

6 weeks. The paper "Trajectory of the body weight after frug discontinuation in the eatment of anti-obesity nedications" published in BMC Medicine, an open access, transparent peer-re-viewed general medical ournal, also observed that at 52 weeks, the subjects of the trial still weighed less the trial still weighed less than they did before start-ing medication, but the weight loss was reduced compared with when they were actively taking the drugs.

II clinical trials
The researchers Han Wu et al, from the Department of Endocrinology and Metabolism, Peking University People's Hospital, China, analysed data from II clinical trials with 1,573 people taking anti-obesity medicataking anti-obesity medica-tion. These medications included GLP-I receptor ago-nists (such as semaglutide, liraglutide), orlistat, naltrexone-bupropion, and

served that people who lost more weight during treatment were more likely to regain weight, even if they continued lifestyle in-terventions (including diet

terventions (including diet and exercise). Those who started with a lower body mass index (BMI), meaning they were less overweight, showed more weight regain after stopping than the with higher BMI, they found. "This is an identification."

higher BMI, they f and.
"This is an ir resting
study with robit meta
analyses, but ar results have been a rwin
many other true to 2.7 sys
Dr. Nandith: our strant
diabetologist Dr. a Ramachandran's blabs. Hospi-tals, Chenrii Any intervention, e per when you
step downer discontinue,

to see the usefulness of these drugs in the context of the obesity epidemic. "Earlier, we did not have many tools to treat it, now these drugs are providing hope to people who can lose weight without surgery. What is clear is that the regain will not take you back to the baseline weight, so while expen-sive, these drugs should be

History of air crash probes shows investigators disagree on pilot complicity

__ In two out of four fatal aircrash probes studied by academic researchers, the investigators from the nawith the United States National Transportation Safe-ty Board (NTSB) on whether the pilots intentionally crashed their planes.

In three of the four castions averaged two-three years and in only one case the deceased pilot was pro-

pression.

"Psychological autopsy"

– a form of forensic investi-gation into the mental state of the deceased – was a key factor in determining pilot certainty about suicidal intent being the sole cause of an accident," Alpo Vuorio, psychologist and an aca-demic researcher of aviation disasters, told *The Hindu* in an email.

Questions on the mental health of the pilot have sur-

faced around the ongoing investigation into the crash of the Air India flight AI-171 from Ahmedabad to Gatwick on June 12 in which 241 passengers, including crew, were killed and 19 were killed on the ground. Since 1994, there have

been only six confirmed instances globally involving commercial planes that in

Based on flying-accident 7,244 - or 0.33% - fatal actributed to be "aircraft-assisted suicides". The vast majority of these accidents involved pilots flying their

small operators where planes usually did not car-ry FDR (Flight Data Recor-der) and CVR (Cockpit Voice Recorder), said a 2023 study led by Dr. Vuo-rio in the journal Aviation

The first of these was Silk Air Flight 185 (Jakarta-Singapore) in December 1999, which killed 97 passengers and seven crew members. A Boeing 737, it crashed into the Musi river

crashed into the Must river, Sumatra after nose-diving from an altitude of nearly \$5,000 feet. \$5,000 feet. \$5,000 feet. \$10,000 has yielded no evidence to explain the cause of the ac-cident". The U.S. agency NTSB dissented. "There was no evidence of a me-



in Gujarat on June 12, VUNY SONEJI

the flight control systems or related components that would have been causal or contributing to the accicontributing to the accibe explained by intentional pilot action," said the 140page report. This report althe captain, who had commandeered the plane, was reportedly battling a financial crisis, though it was alcial crisis, though it was an oaberrant behaviour the flight control systems no aberrant behaviour

prior to the flight.
The second accident oc-curred on October 31, 1999, when Egypt Air Flight 990,

chanical failure of any of a Boeing 767, crashed into the Atlantic Ocean, south of Massachusetts, About 29 of Massachusetts. About 29 minutes after take-off, the FDR showed that the First Officer disconnected the autopilot. He was alone in the cockpit with the Cap-tain having left for a bath-room break.

er's flight control inputs". The Egyptian Civil Aviation Authority (ECAA), while first collaborating with the NTSB on the investigation.

cal failure was "a plausible and likely cause of the acci-dent". The third accident, on November 2013, involved the Mozambique Airlines Flight 470 from Maputo, Mozambique to Luanda, Angola, The Em braer EI90 twiniet crashed into the Bwahwata National Park Namibia killing all 27 passengers and six crew members. About an hour and 50 minutes into the and 50 minutes into the light, the First Officer stat-ed that he had to go to the coller. The Captain handled the auto flight system lead-ing to a "sustained descent and collision with the ter-rain", says the investigation report. While here the in-vestigation agencies of the

vestigation agencies of the Mozambique and Namibia

attributed the plane's "un-

natural" descent to the pi-lot, the Mozambique Asso-ciation of Air Operators

disputed the finding

the "probable cause was... as a result of the First Offic-

animous consensus that a pilot, with a history of psy-chiatric problems, inten-tionally crashed the plane – occurred on March 24, 2015 with Germanwings Flight 4U9525 from Barcelona. Spain to Dusseldorf. Germany. There were 150 casualties following the crash of the Airbus A-320.

According to the investigation report, in the cruise phase of the flight, the First Officer waited until he was Officer waited until he was alone in the cockpit. Then he modified the autopilot settings causing the aeropiane to descend and, kept the cockpit door locked. The First Officer did not respond to the calls from air traffic controllers, and the aircraft fell into the French Alps. One of the purickest investigations. quickest investigations, which officially concluded within a year, the French Bureau of Enquiry and Analysis for Civil Aviation

the plane as a "murder-sui-cide". German investigators found a doctor's not crash, indicating that he was "unfit to fly".

suicides and social change such as suitable compari-son groups and the ab-sence of baseline mea-sures," said Dr. Vuorio. "However, it has been found that significant sud den changes in society may increase the number of pi

TH GROS SWORD + 14544 To solve this pezzle entitle, get across to ear crossword site, the properties of the properties

CM (

- 16 Gas contained in volcano gradually coming back (5)
 17 Grave words in record by Thai president is altered (7)
 19 Chef eventually drops buds (7)
 21 Notices cycles in fish (5)
- 22 Informed about her strangely quiet entry (9) 24 Nausea, dispriented European abandoned steam bath (5)
- 25 Size fixed, game unit designed finally (9)
 27 Painter using simulator not ordinary (8)
 28 Spread samosas, plates right away with le
- 1 Five entering Ripon building near church area (8)
- 1 Pive entering witpon ousding heric castle (5)
 2 Struggle of linglish force opening castle (5)
 3 Camble with a Greek character of a castle (5)
 4 Avoid bright star, hot charbs (4)
 5 Large reptiles initially rolling turning a log with tails (10)
 6 Registry beat cross above figure (8)
- Indian ushering new bird trainee (6) 10 Backlash of company controlled by wealthy, evading taxes from the beginning (8) 14 Leader of brigadier wants to include post for forces (10)
- Harry argues engaging two females for voting right (8) Rush from extremely heavy rain maybe engulfing ancient city (2.1.5)
- 21 Sallors pruned, picked up second plant (6)
 23 Missing the first funny remark related to viewers (6) 25 Reviewing contents of that same post (4) 26 Rogues banishing the Spanish in drives (4)

SUDOKU





FAITH

Timely action

Time is precious like gold—this is an oft-repeated observa-tion. But a scholar went further and said time is even more precious than gold. It is as priceless as life itself, he said, if we lose wealth, we can work hard, save a significant por-tion of our earnings and become wealthy again. But if we preciously the said of the said of the said of the said of the pared time to life. Time can be divided into past, present and future. The past is like an expired cheque. The preand future. The past is like an expired cheque. The pre-sent is like cash in your hands. The future should be our focus, for our efforts can lead to a successful future, said

R. Narayanan in a discourse.

Determination will help us accomplish many things

Betermination will help us accomplish many things. We should not miss the proper time to do something. Whatever is done when it should be done, will definitely yield the desired results. Is anything impossible, if done at mething and you are firm in your resolve to do it, then you will be successful, says another kural (verse).

Whatever we set about doing, must be done with careful sounds a note of caustion. Thirtuvalluvar says that we must think before we act. It is foolish to be hasty in our actions and then ponder over them later on. It is not wrong to have great aspirations. You can even aspire to rule the time. The stork waits near their river bank, while should of small fish swim by. The bird may be hungry, but it does not catch these fish. It waits until a big fish comes by. We ment and then act, to reap the maximum benefit.

Weight gain begins 8 weeks after stopping anti-obesity drugs'

Ramya Kannan

CHENNAI

A review of data from clinical trials of weight-loss drugs has concluded that weight regain begins about eight weeks after stopping these medications, and continues up to 20 weeks, before stabilising at about 26 weeks.

The paper "Trajectory of the body weight after drug discontinuation in the treatment of anti-obesity medications" published in BMC Medicine, an open access, transparent peer-reviewed general medical journal, also observed that at 52 weeks, the subjects of the trial still weighed less than they did before starting medication, but the weight loss was reduced compared with when they were actively taking the drugs.

11 clinical trials

The researchers Han Wu et al, from the Department of Endocrinology and Metabolism, Peking University People's Hospital, China, analysed data from 11 clinical trials with 1,573 people taking anti-obesity medication. These medications included GLP-1 receptor agonists (such as semaglutide, liraglutide), orlistat, naltrexone-bupropion, and phentermine-topiramate.

The researchers ob-

served that people who lost more weight during treatment were more likely to regain weight, even if they continued lifestyle interventions (including diet and exercise).

Those who started with a lower body mass index (BMI), meaning they were less overweight, showed more weight regain after stopping than those with higher BMI, they found.

"This is an interesting study with robust meta analyses, but similar results have been shown in many other trials too," says Dr. Nanditha, consultant diabetologist, Dr. A. Ramachandran's Diabetes Hospitals, Chennai. "Any intervention, either when you step down or discontinue, will result in weight gain, even if it is lifestyle modifications."

However, it is important to see the usefulness of these drugs in the context of the obesity epidemic. "Earlier, we did not have many tools to treat it, now these drugs are providing hope to people who can lose weight without surgery. What is clear is that the regain will not take you back to the baseline weight, so while expensive, these drugs should be considered an investment, because the benefits go beyond weight loss," Dr. Nanditha said.

1. Core Findings

- Weight regain begins approximately 8 weeks after stopping anti-obesity drugs.
- Regain continues up to 20 weeks, stabilizing by 26 weeks.
- Even at 52 weeks, subjects weighed less than at baseline, but had regained some weight compared to when actively on medication.

2. Research Study Details

- **Title**: Trajectory of the body weight after drug discontinuation in the treatment of anti-obesity medications.
- Journal: BMC Medicine (open-access, peer-reviewed).
- Researchers: Han Wu et al., Peking University People's Hospital, China.
- Sample size: 1,573 participants across 11 clinical trials.

3. Medications Studied

- GLP-1 receptor agonists: Semaglutide, Liraglutide
- Other drugs: Orlistat, Naltrexone-bupropion, Phentermine-topiramate

4. Key Observations

- People who lost more weight during treatment regained more after stopping.
- Individuals with lower BMI (less overweight initially) showed higher weight regain.
- Weight gain occurred even with continued lifestyle interventions (diet/exercise).
- Discontinuation is likely to reverse weight loss unless sustained by medication.

Dimension	Relevance
Health (GS2)	Tackling obesity , which is a growing public health challenge in India.
Science & Tech (GS3)	Shows the role of clinical trials and pharmacological innovation in non-communicable disease management.
Ethics	Equity in access – expensive obesity drugs may not be accessible to all.
Policy	May lead to framing of long-term obesity care policies under Ayushman Bharat or NCD missions.
Essay	Themes like "Health is wealth", "Lifestyle diseases", "Pharma and society" etc.

Q. Consider the following statements regarding recent findings on anti-obesity medications:

- . Weight regain begins immediately after stopping the medication.
 - 2. GLP-1 receptor agonists like semaglutide are among the drugs studied.
 - Individuals with lower baseline BMI tend to regain more weight than those with higher BMI.
 - 4. Even after stopping the drug, participants' weight never returned to the pre-treatment baseline.

Which of the above statements is/are correct?

- A) 1 and 2 only
- B) 2, 3 and 4 only
- C) 1, 3 and 4 only
- D) 1, 2, 3 and 4

In over 90% of sewer deaths, workers had no safety gear'

In an audit of 54 sewer deaths in 2022 and 2023, no equipment was given in 47 cases; only five of the deceased workers had gloves, one had gumboots; workers' consent was not taken in 27 cases

Abhinay Lakshman

NEW DELHI

ver 90% of workers who died while cleaning sewers did not have any safety gear or personalised protective equipment (PPE) kits, according to a recent social audit commissioned by the Union government to look into hazardous sewer and septic tank cleaning across the country. Even in the cases where they had some safety gear, it was limited to a pair of gloves and gumboots.

In September 2023, the Social Justice Ministry commissioned a study into hazardous cleaning deaths, which analysed the circumstances surrounding 54 such deaths in 17 districts across eight States and Union Territories that occurred in 2022 and 2023.

Government data show 150 people across the country died due to hazardous cleaning in 2022 and 2023.

The social audit, whose findings were made public in Parliament on Tuesday, investigated hiring mechanisms, the use of safety equipment, institutional set-ups, availability of PPE kits, rapid response readiness and equipment, and



A sanitation worker cleaning a drain, during the cleanliness drive in New Delhi on Friday. SHIV KUMAR PUSHPAKAR

awareness of the law banning manual scavenging.

No safety equipment

In 49 out of the 54 deaths examined, the workers were not wearing any safety equipment. In five cases, they were wearing just gloves, and in one case, gloves and gumboots.

In 47 instances, "no mechanized equipment and safety gears for cleaning of sewers and septic tanks were made available to the workers", the audit report said. In fact, it was able to identify just two instances where this equipment was made available and only one where the requisite training was provided. The audit noted that in 45 of these deaths, "it was found

that there is still no equipment readiness on the part of the concerned Agency carrying out such work".

Awareness drives were conducted – only "partially" – in the wake of just seven of the deaths, in Chennai and Kancheepuram districts in Tamil Nadu, and in Satara district in Maharashtra.

No informed consent

No consent was taken from workers in 27 cases, according to the social audit, which further noted that even in the 18 cases where written consent was taken from the workers, "they were not counselled on the risks involved in the work".

The study found that in 38 cases, the workers were

"contracted personally/individually". In five cases, the workers were employed by a government agency, and in three cases, they were employed by the public sector but were hired by private employers for the particular work they were doing when they died.

These findings became public when the Social Justice Ministry was replying to a question in the Lok Sabha by Congress MP Sushilkumar Praniti Shinde. In its response, the Ministry added that it has already launched the NA-MASTE scheme for addressing the problem of hazardous cleaning of sewers and septic tank workers and waste-pickers in July 2023.

This is in line with the government's declaration that manual scavenging has ended in the country, and that it is the problem of hazardous cleaning of sewers and septic tanks that now needs attention.

So far, the NAMASTE scheme has identified 84,902 sewer and septic tank workers in 36 States and UTs across the country, of which a little over half have been provided with PPE kits and safety

- A social audit commissioned by the Union Government in September 2023 revealed that over 90%
 of sewer deaths in 2022–23 occurred without safety equipment or informed consent.
- Conducted by the Social Justice Ministry, the audit covered 54 sewer deaths across 17 districts.

2. Key Findings of the Audit

Category	Details
Deaths Studied	54 deaths across 2022–23
Workers without PPE	49 of 54 had no safety gear
PPE Provided	Only 2 instances had mechanised tools and PPE properly used
Minimal Gear	In 5 cases, workers had just gloves ; 1 had both gloves and gumboots
Informed Consent	Not taken in 27 cases ; in remaining, even if taken, counselling was missing
Employer Types	38 workers were hired individually , not institutionally

3. Legal and Social Concerns

- Violates Prohibition of Employment as Manual Scavengers and their Rehabilitation Act, 2013.
- Raises concerns about:
 - Occupational safety
 - Violation of human dignity
 - Lack of implementation of mechanised cleaning policies
 - No training provided in most cases

4. Government Response

- NAMASTE Scheme lawhched in July 2023 to address sewer and septic tank worker safety.
 - As per govt:
 - 84,902 workers identified across 36 States/UTs.
 - Very few have been provided with PPE kits and proper equipment.

5. Institutional Issues Noted

- Lack of:
 - Equipment
 - Trained personnel
 - Emergency preparedness
- Work often outsourced or conducted informally by contractual workers.

Q. Consider the following statements regarding the recent audit report on sewer deaths in India:

- 1. Over 90% of workers who died while cleaning sewers in 2022–23 had no personal protective equipment.
- 2. The NAMASTE scheme was launched in 2023 to improve sanitation worker safety.
- 3. In more than 50% of cases, workers had received formal training before entering the sewers.
- 4. Informed consent and risk counselling were missing in most cases of manual sewer cleaning deaths.

Which of the above statements is/are correct?

- **4**) 1, 2 and 4 only
- B) 2 and 3 only
- C) 1, 3 and 4 only
- D) 1, 2, 3 and 4

EU top diplomat tells Israel to stop killing Gazans at aid points



military for killing civilians at Gaza aid distribution points, calling it "indefensible". She urged Israel to stop and emphasised the need for increased humanitarian aid access. The EU warned Israel that all

China probes Tibet ex-leader over 'bribes, superstitious activities'



alleged crimes including bribery, misuse of public funds, illegal banquets, collusion with businesses, and long-term engagement in banned "superstitious activities". His family also exploited his position for personal gain amid strict CCP controls on religion. APP

Ozzy Osbourne, Black Sabbath's bat-biting frontman, dies aged 76



Ozzy Osbourne, the iconic frontman of 1970s heavy metal band Black Sabbath, gained fame for wild performances, including biting a bat's head off. Known as the "Prince of Darkness," he sold over 100 million records, later becoming a belowed reality TV star in "The

Russian police search popular Telegram channel Baza's offices



Baza's offices and editor-in-chief Gleb Trifonov's apartment, detaining him amid an investigation into police leaking classified information published on Telegram. Authorities launched a criminal case against law enforcement officials for abuse of power. AFF

21 children died from starvation in 72 hours in Gaza, says hospital

UN Secretary General warns that 'the last lifelines keeping people alive are collapsing' in the enclave; at least 20 people were killed in strikes as Israel pushed on with a new incursion in an area that had largely been spared during the war

he head of Al-Shifa hospital in Gaza Ci-ty said on Treader that 21 children had died across the Palestinian terri across the Palestriain terri-tory in the past three days "due to malnutrition and starvation". These deaths were recorded at hospitals in Gaza, including Al-Shifa in Gaza City, Al-Aqsa Mar-tyrs Hospital in Detr el-Ba-lah and Nasser Hospital in Khan Younis... over the past 72 hours," Mo-land the start of the past of the past of the past the past of the past of

UN Secretary General Antonio Guterres warned on Monday evening that



"the last lifelines keeping people alive are collaps-ing" in Gaza, and that there were growing reports of children and adults with

Mr. Abu Salmiya told re-porters that new cases of malnutrition and starvation were arriving at Gaza's remaining functioning hos-pitals "every moment".

"We are heading to-wards alarming numbers of deaths due to the starvaworst" that he had ever tion inflicted on the people of Gaza," he added.

Jump to safety

worst" that he had even seen.

Last Sunday, Gaza's civil defence agency reported that at least three infants died from "severe hunger and malnutrition" in the After talks to extend a

After talks to extend a six-week ceasefire broke as a six-week ceasefire broke and blockade on Caza on blockade on Caza on March 2 this year, allowing nothing in until trucks trickle in late May.

But stocks accumulated during the ceasefire grature of the six of the territory's more than two million inhabitants experiencing the worst shortward in Cotober 2023. and malnutrition in the past week. Neath authoriGaza's health authoriGaza's health authoriGaza's health authoriGaza's health and a second a second and a second a second and a second and a second a second and a second and a second and a second a war in October 2023. World Food Programme director Carl Skau, who vi-

U.S. to pull out of UNESCO again, 2 years after rejoining



ment that UNESCO's deci-

rump's first administration.
State Department spo-kesperson Tammy Bruce said the withdrawal was linked to UNESCO's per-ceived agenda to "advance divisive social and cultural

end of December 2026. This will be the third causes". time that the United States
She added in a state-

based in Paris, and the se-cond time during a Trump administration. It last re-joined the agency in 2023, under the Biden adminis-

Tammy Bruce

ment that UNESCO's deci-sion 'to admit the 'State of Palestine' as a Member State is highly problematic, contrary to U.S. policy, and contributed to the prolifer-ation of anti-Israel rhetoric within the organisation'. The decision, first re-ported by the New York Post, will take effect at the end of December 2005.

tration. UNESCO's Director General Audrey Azoulay said she "deeply" regrets the U.S. decision but insisted that it was expected, and that the agency "has pre-pared for it". She also de-nied accusations of anti-Is-

nied accusations of anti-Is-rael bias.

"These claims ... con-tradict the reality of UNES-CO's efforts, particularly in the field of Holocaust edu-cation and the fight against anti-Semitism," she said.

The U.S. withdrawal is likely to affect UNES/CO be-cause the U.S. provides a co's busient. But the gen-co's busient. But the gen-

cy's budget. But the organ-ization should be able to

Bangladesh mourns 31 dead amid protests for accountability

Associated Press

Hundreds of students prot-ested near the site of the crash of a Bangladesh air force training jet into a school in the nation's capial. demanding accounts victims' families and the halt of training flights. The toll from the crash rose to 31 in the deadliest

rose to 31 in the deadliest plane crash in the Bangla-deshi capital in recent me-mory, including at least 25 students, a teacher who died from burn injuries she sustained while helping others get out of the burn-ing building, and the pilot



of the training aircraft.

The protesting students demanded "accurate" publication of identities of the dead and injured, compensation for their families, and an immediate halt to

A Bangladesh air force personnel inspects the crash site a day after

the use of "outdated and unsafe" training aircraft by the air force. They accused security officials of beating them and manhandling

Agence France-Presse ISLAMABAD

A man jumps as flames and smoke rise from a wildfire at a village in Dubrava, Kosovo, on Tuesday. Across the globe, 2024 was the warmest year on record, with temperatures exceeding 1.5 degrees Celsius above the pre-industrial era for the first time. REUTERS

Zelenskyv renews offer to hold talks with Putin

Associated Press

Ukrainian President Volo-dymyr Zelenskyy on Tuesday renewed his offer to meet with Russia's Vladimir Putin and negotiate ar end to the war in Ukraine but hopes of progress were low as delegations pre-pared to hold another

pared to hold another round of talks. Kremlin spokesperson Dmitry Peskov said Tues-day that "a lot of work needs to be done before having a detailed discus-sion on a possibility of high-level meetings".

Iran FM says Tehran will not abandon nuclear enrichment

Iran has no plans to aban-don its nuclear program, including uranium enrich-ment, despite "severe" damage to its facilities after U.S. strikes last month, Fo-reism. Minister. Abhas reign Minister Abbas Araghchi said on Monday. For now, enrichment "is

stopped because, yes, damages are serious and damages are serious and severe," Mr. Araghchi told Fox News' "Special Report with Bret Baier". "But obviously we can-

"But obviously we can-not give up enrichment be-cause it is an achievement of our own scientists," he continued, calling it a source of 'national pride'. He stressed that any future nuclear deal would have to contain the right to enrichment.

When asked whether any enriched uranium had been saved from the strikes, Mr. Araghchi said he had "no detailed infor-mation," but that Iran's Atomic Energy Organisa-tion is "troping to evaluate

tion is "trying to evaluate what has exactly happened to our nuclear material, to our enriched material". 10 years in prison on Tues-day, the government said. The sentences were handed down by an anti-Washington bombed three nuclear facilities in Iran on June 22 to support terrorism court in the east-ern city of Sargodha after

tran on June 22 to support
straesh's 24-ya millitary of
fensive, including the Fordow underground uranilocated south of Tehran.
U.S. President Donald
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That "Completely destrans" of the sites, lashing
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Pakistan court sentences dozens

A Pakistani Opposition leader was among more than three dozen members and supporters of former Prime Minister Imran Khan's party sentenced to A car seen burning as Pakistan Tehreek-e-Insaf party activists block a road during a protest in Karachi in May 2023. AFF

from Imran Khan's party to 10 years

rest, some of which targeted military facilities.
Tuesday sentences were
handed down for the athanded down, wi
down, wi
constituency of Mianwail city,
while those accused of targeting military installations
are facing separate trials in
mine "Neither was any tran"Neither was any tran-

sparent or legal procedure followed in the case, nor was any credible witness presented. The demands of justice were grossly vio-lated," PTT's senior leader Asad Qaiser said in a post on X.

"We will challence this

on X.

"We will challenge this biased decision in the high-er judiciary," he added. Mr. Khan has been jailed since August 2023 on a slew of corruption charges his party says are political-ly motivated.

his supporters and se-nior party leaders have al-so faced a severe crack-down, with thousands rounded up and Mr. Khan's name censored from rounded up and Mr. Khan's name censored from television.

Mr. Bhachar helmed the Opposition in Punjab, Pa-kistan's most populous and politically influential

Trump accuses Obama of 'treason', calls for prosecution

Donald Trump on Tuesday secution over a report alleging that officials in the emocrat's administration had manipulated information on Russia's interference in the 2016 election.

Director of National Inbirector of National in-telligence (DNI) Tulsi Gab-bard has sent criminal re-ferrals to the Justice Department related to a re-

Department related to a re-port published on Friday that asserted the Obama officials had been part of a "treasonous conspiracy". Ms. Gabbard claimed Mr. Obama and his team had manufactured intelli-gence regarding Russian election interference to



"lay the groundwork for what was essentially a years-long coup against President Trump".

Russia did intervene on Mr. Trump's behalf in the 2016

LONDON

Ozzy Osbourne, Black Sabbaths bat-biting frontman, dies aged 76



Ozzy Osbourne, the iconic frontman of 1970s heavy metal band Black Sabbath, gained fame for wild performances, including biting a bat's head off. Known as the "Prince of Darkness," he sold over 100 million records, later becoming a beloved reality TV star in 'The Osbournes'. He died on Tuesday aged 76, his family said. REUTERS



U.S. to pull out of UNESCO again, 2 years after rejoining

Associated Press

WASHINGTON

The United States announced on Tuesday it will again pull out of the UN's educational, scientific and cultural agency because it believes that its involvement is not in the country's national interest, and that the agency promotes anti-Israel speech. This decision comes only two years after the United States rejoined UNESCO after leaving in 2018, during U.S. President Donald Trump's first administration.

State Department spokesperson Tammy Bruce said the withdrawal was linked to UNESCO's perceived agenda to "advance divisive social and cultural causes".

She added in a state-



Tammy Bruce

ment that UNESCO's decision "to admit the 'State of Palestine' as a Member State is highly problematic, contrary to U.S. policy, and contributed to the proliferation of anti-Israel rhetoric within the organisation".

The decision, first reported by the *New York Post*, will take effect at the end of December 2026.

This will be the third time that the United States has left UNESCO, which is based in Paris, and the second time during a Trump administration. It last rejoined the agency in 2023, under the Biden administration.

UNESCO's Director General Audrey Azoulay said she "deeply" regrets the U.S. decision but insisted that it was expected, and that the agency "has prepared for it". She also denied accusations of anti-Israel bias.

"These claims ... contradict the reality of UNES-CO's efforts, particularly in the field of Holocaust education and the fight against anti-Semitism," she said.

The U.S withdrawal is likely to affect UNESCO because the U.S. provides a notable share of the agency's budget. But the organization should be able to cope.

- The United States announced it will withdraw from UNESCO (United Nations Educational, Scientific and Cultural Organization) by end of December 2026.
- This marks the third U.S. exit from the agency.
 - 1st Exit: 1984 (under Reagan, citing Soviet influence)
 - 2nd Exit: 2018 (under Trump, citing anti-Israel bias)
 - 3rd Exit: Announced 2026 (again under Trump administration)

2. Reason for Withdrawal

- Stated reasons by U.S. State Department:
 - UNESCO promotes a divisive social and cultural agenda
 - Opposition to UNESCO's decision to admit "State of Palestine" as a full member.
 - Perceived anti-Israel rhetoric within the organization.

3. Official U.S. Position

- Spokesperson Tammy Bruce emphasized:
 - UNESCO's direction is contrary to U.S. national interest.
 - The admission of Palestine contradicts U.S. foreign policy and encourages anti-Israel narratives.

4. UNESCO's Response

- Director-General Audrey Azoulay:
 - "Deeply regrets" the U.S. decision.
 - Denied accusations of anti-Israel bias.
 - Asserted UNESCO is committed to:
 - Holocaust education
 - · Fight against anti-Semitism
 - Claimed that UNESCO has "prepared for it".

5. Potential Implications

- Einancial impact:
 - U.S. contributes significantly to UNESCO's budget.
- Diplomatic impact:
 - Weakens multilateralism and U.S. soft power.
 - May embolden other states to challenge UNESCO's credibility.
- Institutional impact:
 - UNESCO may face funding constraints but has indicated it can cope.

- Q. Consider the following statements about the recent U.S. decision to withdraw from UNESCO:
 - 1. The U.S. decision was primarily based on budgetary concerns regarding UNESCO's spending.
- 2. The decision is partly attributed to UNESCO's inclusion of the "State of Palestine" as a full member.
- This is the first time the U.S. has exited UNESCO since it became a founding member in 1945.
- 4. UNESCO's Director-General rejected the accusation of anti-Israel bias and emphasized its Holocaust education efforts.

Which of the above statements is/are correct?

- A) 2 and 4 only
- B) 1 and 3 only
- C) 2, 3 and 4 only
- D) 1, 2, 3 and 4

Cash award for Olympic gold winners hiked to Rs 7 cr; medallists to get govt jobs

EXPRESS NEWS SERVICE

NEW DELHI, JULY 22

PROMISING GOVERNMENT jobs to athletes who bring laurels to the nation, the Delhi government on Tuesday announced a significant hike in cash awards for medal winners, with rewards for Olympic and Paralympic gold medallists being increased to Rs 7 crore from the current Rs 3 crore

To bridge the disparity between Delhi and other states in supporting athletes, the Cabinet, chaired by Chief Minister Rekha Gupta, approved a revision of the cash incentives under the newly-launched Mukhyamantri Khel Protsahan Yojana, Education Minister Ashish Sood said.

While Olympic and Paralympic Games silver medallists will receive Rs 5 crore, bronze medallists will get Rs 3 crore. Similarly, Asian and Para Asian Games gold medallists will be given Rs 3 crore, while silver medallists will get Rs 2 crore and bronze medallists Rs 1 crore.

Similar rewards were also announced for Commonwealth and

HIKE IN CASH REWARDS FOR ATHLETES

EVENT	MEDAL	PREVIOUS	REVISED
Olympics/Paralympics	Gold	₹3 crore	₹7 crore
	Silver	₹2 crore	₹5 crore
	Bronze	₹1 crore	₹3 crore
Asian Games /Para Asian Games	Gold	₹1 crore	₹3 crore
	Silver	₹75 lakh	₹2 crore
	Bronze	₹50 lakh	₹1 crore
Commonwealth/Para-CWG	Gold	₹50 lakh	₹2 crore
	Silver	₹40 lakh	₹1.5 crore
	Broze	₹30 lakh	₹1 crore
National/Para National	Gold	₹3 lakh	₹11 lakh
Championships	Silver	₹2 lakh	₹5 lakh
	Bronze	₹1 lakh	₹3 lakh

Para Commonwealth Games medallists as well as National and Para National Games medallists. (See box)

Also, while athletes representing Delhi nationally or internationally will receive an annual financial support of Rs 20 lakh, a support of Rs 5 lakh each was announced for students of classes 6

to 12 who perform at the national or state levels.

Further, the Cabinet approved a government job reservation structure for medal winners. Under this, Group A jobs will be provided to for Olympic gold and silver medallists as well as Asian Games gold medallists.

Group B jobs will be provided

to Olympics bronze medallists, Paralympic medallists, Asian Games silver and bronze medallists, Para Asian gold medallists as well as Commonwealth Games gold and silver medallists. Group C jobs, on the other hand, will be provided to Para Asian Games silver and bronze medallits, Commonwealth Games bronze medallists and Para Commonwealth Games medallists.

"These decisions mark a new era for Delhi's youth... Whether it's standing tall on the Olympic podium or excelling in the classroom, the government is committed to giving every child the resources and recognition they deserve," said Sood.

Targeting the education sector, the Cabinet cleared the Mukhyamantri Digital Education Scheme to award free laptops. "As many as 1,200 meritorious Class 10 students will be awarded free high-performance laptops with i7 configuration. The total budget outlay is Rs 8 crore," Sood said.

Further, the government approved the establishment of 175 Information and Communication Technology (ICT) labs in government schools, each with 40 computers. Underlining the need for ICT infrastructure in schools, Sood said, "Not a single functional ICT lab currently exists across Delhi's 1,074 government schools." The new labs will be built according to CBSE-approved standards and aim to bridge a long-standing infrastructure gap, he added.

1. Key Announcements

- The Delhi Government has significantly hiked cash awards for sportspersons under the Mukhyamantri Khel Protsahan Yojana.
- Olympic/Paralympic Gold medal reward raised from ₹3 crore to ₹7 crore.
- Govt job reservations approved for medal winners.

2. Revised Cash Rewards (in ₹)

Event	Medal	Previous	Revised
Olympics/Paralympics	Gold	₹3 cr	₹7 cr
	Silver	₹2 cr	₹5 cr
	Bronze	₹1 cr	₹3 cr
Asian Games/Para Asian	Gold	₹1 cr	₹3 cr
	Silver	₹75 lakh	₹2 cr
	Bronze	₹50 lakh	₹1 cr
Commonwealth/Para-CWG	Gold	₹50 lakh	. ₹2 cr
	Silver	₹40 lakh	₹1.5 cr
	Bronze	₹30 lakh	₹1 cr
National/Para National	Gold	₹3 lakh	₹11 lakh
	Silver	₹2 lakh ✓	₹5 lakh
	Bronze	↓ ₹1 lakh	₹3 lakh



3. Additional Provisions

- Group A Jobs: For Olympic & Asian Games gold/silver medallists.
- Group B Jobs: For Olympic bronze, Para athletes, and Commonwealth medallists.
- Annual financial aid:
 - ₹20,000 for those representing Delhi nationally/internationally.
 - ₹5,000 for students in classes 6 to 12 excelling at state/national level.

4. Education Infrastructure Boost

- Mukhyamantri Digital Education Scheme: Free laptops for 1,200 Class 10 toppers.
- ₹8 crore budget allocation.
- 175 ICT labs to be established in Delhi schools to bridge digital infrastructure gap.

Q. Consider the following statements regarding the revised Mukhyamantri Khel Protsahan Yojana in Delhi:

- 1. Olympic gold medallists will now receive ₹10 crore in cash rewards from the Delhi government.
- 2. Athletes winning medals at the National level will receive a cash reward of up to ₹11 lakh.
- 3. Group A jobs will be offered to all Commonwealth Games medallisk.
- 4. The scheme includes free laptops for meritorious Class 10 students.

Which of the above statements is/are correct?

- A) 1 and 3 only
- B) 2 and 4 only
- C) 1, 2 and 4 only
- D) 2, 3 and 4 only

As UP merges schools, longer walks and safety fears keep some away

ASAD REHMAN & MANISH SAHU

RAMPUR & LUCKNOW, JULY 22

UNLIKE CLASS 3 student Manoj Yadav,7, who is sitting at his assigned seat at the Patti Kalyanpur primary school in Uttar Pradesh's Rampur on a weekday afternoon, his sister Laxmi, 7, also a student of Class 3, hasn't been attending classes since July 1.

On July 1, the sole primary school in their village Abbas Nagar, 1 km away, was 'paired' with the bigger Kalyanpur school. While Manoj walks with a group of students from their village to the Kalyanpur school daily, his parents feel the path is unsafe for Laxmi.

In line with a recent directive by the Basic Education Department under the National Education Policy (NEP), 2020, which emphasises greater collaboration, coordination and sharing of resources among institutions, since July 1, over 10,000 government primary schools across Uttar Pradesh have been 'paired' with nearby schools with better facilities.

While similar exercises

aimed at rationalising resources have been carried out in other states too, UP government officials insist the schools in the state are not being merged but 'paired'. "Unlike mergers, where schools cease to exist, paired schools can be shifted back to their original buildings in case of overcrowding at the new ones," said a district-level education officer.

However, the Opposition — from Samajwadi Party chief Akhilesh Yadav to Congress general secretary Priyanka Gandhi Vadra and Bahujan Samaj Party chief Mayawati — has opposed the move, saying it will "deprive" future generations, particularly those from the backward, Dalit and minority communities, of their right to accessible and affordable education.

The policy has also prompted protests from teachers' associations and parents, with petitions being filed against it in the Allahabad High Court.

Upholding the state's decision, the court had on July 7 said the move did not violate Article 21A (right to free and compulsory education for children aged six to 14). The court also said the move aimed to provide children with quality education and equal opportunities since resources in small schools were scattered, depriving children access to adequate teaching staff, libraries, sports and digital learning facilities.

Kanchan Verma, Director-General, UP school education, says, "Of 1.32 lakh government schools in UP (with nearly 1.48 crore students), 10,784 primary schools are being paired."

Officials said these pairings were done keeping in mind multiple factors, including low enrolment and poor infrastructure.

Yet, since the recent pairings in UP, teachers say some of their students, especially the girls, haven't been attending classes.

While the Abbas Nagar school had 41 students, the Kalyanpur school had 115 students and five teachers, including two Shiksha Mitras, before the pairing. Only 14 of Abbas Nagar students were present at Kalyanpur during a recent visit by *The Indian Express*.

"Twenty-seven of my students – 16 girls and 11 boys – have not been attending school since the pairing. A few have



Since July 1, students of the primary school at Abbas Nagar have been attending the school at Kalyanpur. Gajendra Yadav

joined private schools, but most are sitting at home," says Shiv Kumar, the former head teacher at Abbas Nagar school who now reports to the Kalvanpur school.

Staff from old schools have been reporting to the new ones since July 1.

Sitting near a bundle of freshly cut fodder, Manoj and Laxmi's aunt Meera, 48, says, "Manoj went to school, but Laxmi does not want to go." "Beech mein jungle hai (there is forest on the way)," Laxmi

explains sheepishly.

Though the family is yet to take a call on Laxmi's education, Meera says her parents are farm labourers and can't afford to send her to a private school.

Like Laxmi, Meenaksi Yadav, a Class 4 student from Abbas Nagar village, has not been going to school since July 1. On a school day, she sits next to her mother Radha, 40, a farm labourer, who says, "Door pad gaya (the Kalyanpur school is far). She would walk alone to the local school. What if someone does something to her in the woods on the way to Kalyanpur?"

A senior education department officer in Lucknow said efforts are on to encourage the students to attend the new schools and that all grievances of parents would be addressed. He adds, "No one is forcing parents to send their children to the new schools. They can send them to their old school."

However, when *The Indian Express* visited the Abbas Nagar school at noon on a weekday, its main gate was locked.

The government's move has triggered similar fears in Lucknow, where nearly 154 primary schools have been paired. At Paharpur in Malihabad tehsil of rural Lucknow, the primary school has been paired with the school in Baka, nearly 3 km away.

With the Right to Education
Act mandating that the primary
school must be in a 1-km radius
of the child's residence, Ram
Pravesh, Basic Shiksha Adhikari,
Lucknow, says, "We have asked
Block Education Officers to carry
out a ground-level feasibility
check, including schools located

far from a neighbourhood."

Till last year, the Paharpur school had just 28 students. After its three teachers — two assistant teachers and one Shiksha Mitra started encouraging families to send their children to school, the number rose to 54 this year. Though the Paharpur school was merged with one at Baka due to its 'poor infrastructure', none of its 54 students have been attending school. In Paharpur village, the families cited several reasons for keeping the children away from the Baka school – from increased distance to aggressive stray dogs near a gaushala en route.

Before the pairing, Mula Devi's grandchildren, Class 2 student Kunal, 7, and Class 3 student Paval, 8, walked barely 500 metres from home to school. "We took them to the new school one day, but a stray dog attacked us on the way. We decided the children can't walk to school. If the government doesn't reverse its decision, we will either send them to a private school or they will stay at home," says Devi, 62. Paharpur teachers say they are trying to encourage the students to attend the new school. "We started ferrying some students to

school on our motorcycles, but the arrangement wasn't sustainable," says Vijay Kumar Bajpai, the former teacher incharge of the Paharpur school.

Even the primary school in Bargadhi, which had 14 students, has been paired with the one at Baka, located around 1 km away. Rahisa Khatoon, an assistant teacher at Bargadhi, says all 14 have been attending classes in Baka.

In Malihabad tehsil's Datali village, the primary school had just 39 students. Since it was paired with the school in Bhulsi, located around 2 km away, only 12 have been attending classes.

An education official said infrastructure from the merged schools will be used to set up Bal Vatikas (pre-primary schools) across the state.

Back at the Kalyanpur school, Manoj is among the first to line up outside the gate after the final 2 pm bell. As he waits for the others, he says, "I try to teach my sister Laxmi what I learn in school, but I forget quite a bit by the time I reach home. I liked going to school with her. I hope our old school reopens soon."

epaper.indianexpress.com

- From July 1, 2024, the Uttar Pradesh government merged/pairing over 10,000 government primary schools with nearby institutions with better infrastructure under the NEP 2020 framework.
- Objective: Rationalise resources, improve student-teacher ratio, and provide access to better facilities like digital tools, libraries, and sports.

2. Problem Arising Post-Merger

- Students, especially girls and younger children, are not attending the new, farther schools.
- Key issues:
 - Longer travel distances (sometimes 2–3 km).
 - Safety fears, particularly among parents of girl students.
 - Lack of transportation, presence of stray dogs, or isolated routes.
 - Emotional discomfort: children miss their old school environment.

3. Examples Cited

- Abbas Nagar (Rampur): Out of 41 students, only 14 shifted after pairing with Kalyanpur school.
 - Manoj attends school; sister Laxmi does not due to parents' safety concerns.
- Malihabad (Lucknow): School with 14 students merged with one 3 km away none attended.
- Datavli (Malihabad): Out of 39 students, only 12 began attending the new school after merger.
- Paharpur: Merger due to "poor infrastructure"; post-merger, no student has attended.

4. Official Justification

- UP Education Dept: Schools are being "paired", not merged—original schools can be reopened if overcrowding arises.
- Director-General Kanchan Verma: Out of 1.32 lakh schools, 10,784 are being merged.
- High Court Verdict (July 7): Policy is valid; it does not violate Article 21A (Right to Free & Compulsory Education).

Dimension	Insights
Governance	Rationalisation vs local access—NEP implementation challenges at the grassroots level.
Right to Education	RTE Act mandates primary schools be within 1–1.5 km of a child's residence.
Social Justice	Impact on girls , minorities , and rural poor , increasing barriers to education.
Policy vs Reality	Well-intended policies may fail due to lack of transport, safety, and local planning.
Education Infrastructure	Highlights need for pre-merger feasibility checks and community consultation.

Q. Consider the following statements about the school merger (pairing) policy in Uttar Pradesh:

- The policy was implemented as part of the National Education Policy (NEP) 2020 to rationalise education infrastructure.
- 2. The Allahabad High Court ruled the policy unconstitutional and in violation of the Right to Education Act.
- 3. Many students, especially girls, dropped out or were irregular after the school mergers due to safety concerns.
- 4. The RTE Act mandates that primary schools must be within 1–1.5 km of a child's home.

Which of the above statements is/are correct?

- A) 1, 2 and 3 only
- B) 1, 3 and 4 only
- C) 2 and 4 only
- D) 1, 2, 3 and 4

World Bank report: By 2030, Indian cities to create 70% of jobs but may lose \$5 bn to floods

AGGAM WALIA

NEW DELHI, JULY 22

INDIAN CITIES will need some autonomy to invest effectively in climate change adaptation and mitigation, according to Auguste Tano Kouame, the World Bank's Country Director for India. Cities with more decision-making power have performed better than average, he said on Tuesday at the launch of a report on building urban climate resilience.

The report, prepared by the World Bank in collaboration with the Union Ministry of Housing and Urban Affairs, estimates Indian cities will require \$2.4 trillion by 2050 to build climate-resilient infrastructure and services.

"In order for cities to invest in resilience, adaptation, and mitigation, they need to have some kind of autonomy to make decisions and implement them. Some people think this can be achieved only by fully implementing the 74th Amendment, others disagree," Kouame said at a media briefing.

The 74th Constitutional Amendment Act of 1992 gave constitutional status to Urban Local Bodies (ULBs) to A report, prepared by the World Bank in collaboration with the Union Ministry of Housing and Urban Affairs, estimates Indian cities will require \$2.4 trillion by 2050 to build climate-resilient infrastructure and services

strengthen local self-governance. However, official audits as recently as 2022 have found that several states have yet to fully implement its provisions. While the World Bank does not have an official view on this, Kouame said "some version" of the 74th Amendment could be considered.

"It doesn't have to be implemented in the same fashion across all states. It depends on local conditions and several other factors," he added.

"The truth is that when you look across India, cities that have been given autonomy by the states to make decisions and manage themselves have done well. They've done better than

average. They've been able to mobilise resources, monetise assets, and increase sources of revenue," Kouame said, adding that devolution of power also improves accountability.

The report titled Towards **Resilient and Prosperous Cities** in India projects that the country's urban population will nearly double to 951 million by 2050, and that by 2030, cities will account for 70 per cent of all new employment generated. In addition to the rapid pace of urbanisation, Indian cities will face two major shocks in a businessas-usual scenario – flooding and extreme heat — according to Asmita Tiwari, who co-authored the report with Natsuko Kikutake.

"We found that the flood risk is growing rapidly. Not only are cities growing into areas that are exposed to flooding, they are also building more concrete structures and pavings that restrict the amount of rainwater the ground can absorb," Tiwari said, referring to pluvial flooding.

According to the report, annual pluvial flood-related losses can amount to \$5 billion by 2030 and \$30 billion by 2070 if cities don't invest in adaptation. A conservative estimate for supporting 60 per cent of high-risk cities

with flood resilience measures over the next 15 years is \$150 billion, it added.

"We also looked into 10 large cities in India, from the period 1983-1990 to 2010-2016, and found that exposure to dangerous extreme heat stress has increased by 71 per cent. Along with that, there is the urban heat island impact — which makes cities warmer at night because they have concrete structures and roads that absorb heat and release it at night," Tiwari said.

Heat-related deaths can double to over 3 lakh each year by 2050 due to global warming and the urban heat island phenomenon, the report said. Measures like shifting working hours to early morning and late afternoon, urban greening, early warning systems, and cool roofs can save over 1.3 lakh lives, it added.

The report makes several recommendations for national- and state-level interventions, including boosting private sector engagement, creating a financing roadmap, and setting standards to build municipal capacities. For cities, it calls for risk evaluation and the mobilisation of capital — including private investment — to support mitigation and adaptation efforts.

- The World Bank, in collaboration with the Ministry of Housing and Urban Affairs, has released a report titled "Towards Resilient and Prosperous Cities in India."
- The report warns that while Indian cities will generate **70% of employment by 2030**, they also face \$5 billion annual flood-related losses.

a) Economic and Employment Trends

- Urban population to nearly double: from ~500 million to 915 million by 2050.
- Cities will generate 70% of all new jobs by 2030.
- Investment needed to make cities climate-resilient: \$2.4 trillion by 2050.

b) Climate Shocks

Two major risks:

Flooding

- Extreme heat (urban heat island effect)
- Heat wave exposure in top 10 cities increased by 71% from 1983 to 2016.
- Heat-related deaths may exceed 3 lakh/year by 2050.

c) Flood Risk

- Flood losses;
 - \$5 bill on annually by 2030.
 - \$30 billion/year by 2050 if adaptation is not undertaken.
- Cities at risk are:
 - Building more concrete structures,



Blocking rainwater absorption, worsening runoff.

4. Recommendations

- Adopt pusiness-unusual approach:
 - Shift working hours.
 - ✓ Urban greening.
 - Heat-sensitive zoning and infrastructure.
 - Early warning systems.
- National-level reforms:
 - Boosting private sector engagement.
 - Climate financing roadmaps.
 - Institutional capacity building.

Q. Consider the following statements based on the World Bank's recent report on Indian cities:

- 1. Indian cities will account for 70% of new employment by 2050.
- 2. Annual flood-related losses may reach \$5 billion by 2030 if adaptation is not undertaken.
- 3. The 74th Constitutional Amendment gave constitutional status to Urban Local Bodies.
- 4. The urban heat island effect is caused by increased vegetation in cities that traps heat at night.

Which of the above statements is/are correct?

- A) 1, 2 and 3 only
- B) 2 and 4 only
- C) 1 and 3 only
- D) 1, 2, 3 and 4

Himachal tribal woman marries 2 brothers: What the law says on polyandry

AMAAL SHEIKH

NEW DELHI, JULY 22

THE TRANS-GIRI region in Himachal Pradesh witnessed a centuries-old customary practice recently, when a woman, Sunita Chauhan, married two brothers, Pradeep and Kapil Negi. This polyandrous tradition is locally known as

EXPLAINED

LAW

'Jodidaran'.The Hatti tribe has seen five such marriages in the past six years.

Notably, the community was granted the status of Scheduled Tribes (STs) by the Centre in 2022.

Their practice of polyandry has roots in the desire to preserve undivided family land, particularly agricultural land. According to supporters of the tradition, it has also served as a means to reinforce familial bonds between brothers and provided more security to women.

Is polyandry legal in India?

Polyandry and polygamy are outlawed

by the Special Marriages Act, the Hindu Marriage Act, 1955 and criminalised under the Bharatiya Nyaya Sanhita. While religious personal laws specifically govern marriage, the Constitution also recognises the relevance of prevailing customary laws among STs.

The Constitution, under Article 342, recognises STs and accords them a distinct

legal status. The Hindu Marriage Act, 1955, governs marriage applicable to Hindus, Buddhists, Jains and Sikhs. Section 2(2) of the Act

includes a carve-out stating that its provisions do not apply to STs "unless the Central Government, by notification in the Official Gazette, otherwise directs." In the absence of such a notification, the Hattis continue to be governed by laws laid down under their customs, which are undocumented and uncodified.

The Act defines "custom" under Section 3 as a rule that has been "observed for a long time, has obtained the force of law." But for a customary law to be valid, it must also



sions do not apply to STs "unless the Sunita Chauhan with her husbands, Pradeep and Kapil Negi. File

hold the standard of certainty, reasonableness, and consistency with public policy. When challenged, these laws do not automatically gain legal recognition; courts have to be provided with proper evidence that such customary laws prevail.

Much debate surrounds the applicability of a Uniform Civil Code (UCC) to such sit-

uations. In 2024, the Uttarakhand government, by enacting UCC, provided a legal framework for inheritance, marriage, divorce, and adoption. The UCC mandates the registration of marriage, establishes equal rights of spouses across religions and communities and prohibits polygamy. However, it does not apply to STs, following a

Constitutional pattern of upholding their customary practices.

Section 2 of the Uniform Civil Code Rules, Uttarakhand, 2025 states that "these rules shall not be applicable to the members of any Scheduled Tribes within the meaning of clause (25) of Article 366 read with Article 342 of the Constitution of India and the persons and group of persons whose customary rights are protected under Part XXI of the Constitution of India."

What has the court said on the issue?

Increasingly, courts have read customary laws prevalent among STs with the rights to equality, dignity and life and liberty as enshrined under the Constitution. Any law that is in conflict with fundamental rights is struck down as unconstitutional.

For example, the Supreme Court declared the practice of triple talaq as customary and therefore unconstitutional under the Muslim Personal Law (Shariat) Application Act, 1937. It was deemed arbitrary, unreasonable and violative of Article 14 and 21 of the Constitution, which guar-

antees the right to equality, dignity and the right to life.

Similarly, in 2018, the SC ruled that the customary practice of prohibiting women of menstruating age from entering the Sabrimala temple in Kerala was unconstitutional. The apex court held that this restriction violated the fundamental rights of women, including the right to equality and the freedom of religion under Articles 14,15 and 21 of the Constitution.

On July 17, the SC in Ram Charan & Ors. Versus Sukhram & Ors, a case related to succession rights for tribal women, reaffirmed this principle. It held that when a custom is silent on inheritance, there is no restriction in law that women should be prevented from inheriting ancestral property.

The apex court observed that "customs too, like the law, cannot remain stuck in time and others cannot be allowed to take refuge in customs or hide behind them to deprive others of their right." The ruling affirmed that excluding female heirs solely based on customary male preferences violates Article 14 of the Constitution.

- A Hatti tribal woman from Trans-Giri region, Himachal Pradesh (Sunita Chauhan) married two brothers — a practice of polyandry.
- Locally known as 'Jodidaaran', this customary practice aims to preserve undivided family land, reinforce familial bonds, and offer security to women.
- The Hatti community was granted Scheduled Tribe (ST) status in 2022.

2. Legal Status of Polyandry in India

- Polyandry and polygamy are outlawed under:
 - Mindu Marriage Act, 1955
 - Bharatiya Nyaya Sanhita
 - Special Marriage Act
- But customary laws of Scheduled Tribes can override general marriage laws, if:
 - The custom is proven to be longstanding.
 - It is reasonable, certain, and not against public policy.

3. Custom vs Uniform Civil Code (UCC)

- UCC 2024 (by Uttarakhand govt) covers marriage, inheritance, divorce, adoption, and prohibits polygamy.
- However, UCC is not applicable to Scheduled Tribes
- Section 2(2) of Hindu Marriage Act also carves out exemption for STs unless Central Government directs otherwise.

4. Judicial Precedents

- Ram Charan v. Sukhram (2024): SC ruled that women from tribal communities cannot be denied inheritance based on customs.
- Sabrimala Case (2018): SC ruled that customs violating equality (e.g., restriction on menstruating women) are unconstitutional.
- Triple Talaq (2017): SC struck down instant triple talaq as arbitrary and against Article 14 & 21.

5. Constitutional Provisions Involved

Article	Provision
Art 14	Right to Equality
Art 15	Prohibition of discrimination
Art 21	Right to Life and Dignity
Art 342	Recognition of STs
Art 366(25)	Defines Scheduled Tribes
Art 13	Laws inconsistent with Fundamental Rights are void

Q. With reference to customary laws and polyandry in India, consider the following statements:

- 1. Polyandry is explicitly permitted under the Hindu Marriage Act, 1955 for Scheduled Tribes.
- 2. Customary practices of Scheduled Tribes can be valid even if they contradict the Uniform Civil Code (UCC).
- 3 Any custom that violates fundamental rights can be struck down by the courts.
- 4. Article 342 of the Constitution empowers the Parliament to define Scheduled Tribes.

Which of the above statements is/are correct?

- A) 2 and 3 only
- B) 1, 2 and 3 only
- C) 1 and 4 only
- D) 2/3 and 4 only

National Flag Day 2025

• India observed National Flag Day (Tiranga Adoption Day), on 22nd July 2025, to mark the anniversary of the Indian National Flag's official adoption by the Constituent Assembly in 1947.

What are the Key Facts About the Indian National Flag?

Evolution of the Indian National Flag:

- 1904: Designed by Sister Nivedita, it featured red and yellow with a Vajra (strength), a white lotus (purity), and "Bande Mataram" inscribed.
 - Sister Nivedita was an Irish social activist and a disciple of Swami Vivekananda.
- 1906 (Swadeshi Movement Flag): Considered the first tricolour, it was hoisted in Calcutta with green, yellow, and red horizontal stripes. It featured lotuses, a sun, a crescent moon, and the words "Vande Mataram".

1907 (Saptarishi Flag): Hoisted by **Madam Bhikaji Cama** in Germany. It had green, saffron, and red stripes with lotuses, "Vande Mataram", a sun, and a crescent moon.

1917 (Home Rule Movement Flag): Introduced by **Annie Besant and Tilak**. It had red and green stripes, the Union Jack, crescent and star, and stars in the Saptarishi pattern.

1921: Pingali Venkayya (an Indian freedom fighter, linguist, and polymath from Andhra Pradesh), proposed a red, white, and green flag with a spinning wheel, symbolising unity and self-reliance. The design of the present Indian flag is largely attributed to him.

In 1931 Saffron replaced red. The flag had saffron, white, and green with a spinning wheel in the centre. It was adopted by the Indian National Congress.

1947 (Present Flag): Adopted by the Constituent Assembly. The spinning wheel was replaced with the Ashoka Chakra.

Common name: Tiranga, meaning *Tricolour*.

Design: Three horizontal stripes: saffron (kesari) (top), White (middle), Green (bottom), with a navy blue Ashoka Chakra in the centre.

Ashoka Chakra: The Ashoka Chakra, with **24 spokes**, is based on the wheel from the **Sarnath Lion Capital** made by the **3rd-century BC Mauryan Emperor Ashoka** and fits within the width of the white band.

• Symbolism:

- Saffron: Strength and Courage of the Country.
- White: Purity, Truth, and Peace.
- **Green:** Fertility, growth, and prosperity, reflecting India's agricultural roots and environmental commitment.
- Ashoka Chakra (known as the "wheel of law"): Represents Law, justice, and the cycle of life. The chakra intends to show that there is life in movement and death in stagnation.

3:2



Regulation:



Governed by the Flag Code of India, 2002 which sets rules for display, handling, and respect for the flag.



Article 51A(a) of the Indian Constitution mandates that it is the fundamental duty of every citizen to respect the National Flag and National Anthem.



The Prevention of Insults to National Honour Act, 1971, punishes offences related to disrespecting the national flag or anthem.



The Do's: The flag may be hoisted in schools and other institutions to promote respect.

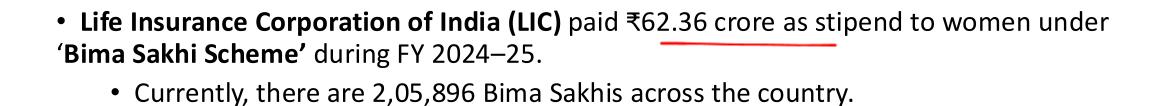
- Citizens, private groups, and institutions can display the flag on any day, with dignity.
- It grants all citizens the right to fly the flag on their premises.

The Don'ts: The flag cannot be used for communal gains, drapery, or clothes.

- The flag cannot be intentionally allowed to touch the ground or the floor or trail in water. It cannot be draped over the hood, top, and sides or back of vehicles, trains, boats or aircraft.
- No other flag, object, or decoration should be placed above or on the flag.

- Who among the following is associated with 'Songs from Prison', a translation of ancient Indian religious lyrics in English? (2021)
- (a) Bal Gangadhar Tilak
- (b) Jawaharlal Nehru
- (c) Mohandas Karamchand Gandhi
- (d) Sarojini Naidu

Bima Sakhi Scheme



- The 'Bima Sakhi Scheme'
- It is an initiative of Life Insurance Corporation of India (LIC) designed to empower women aged 18-70 years, who are Class X pass.
- They will receive specialized training and a stipend for the first three years to promote financial literacy and insurance awareness.
 - The stipend scheme is in addition to their commission pay-outs and is subject to certain performance parameters.
 - The amount of the stipend ranges from Rs 7000/- per month in the first year to Rs 5000/- in the third year.
- After training, they can serve as LIC agents and the graduate Bima Sakhis would have the opportunity to qualify for being considered for **Development Officer roles in LIC.**

"Meri Panchayat" App Wins WSIS Champion Award

• The mobile application "Meri Panchayat" has received the World Summit on the Information Society (WSIS) Prizes 2025 Champion Award under the category Cultural Diversity and Identity, Linguistic Diversity and Local Content.

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- The Meri Panchayat Web Application
- It is an initiative of the **Ministry of Panchayati Raj** and **National Informatics Centre (NIC)** under the Ministry of Electronics and Information Technology.
- It is designed to **provide a unified digital governance platform** for rural areas, catering to residents, functionaries, and stakeholders of the Panchayati Raj Institution system.
- It integrates and consolidates diverse functions and information currently dispersed across multiple government portals into a single, seamless web-based interface.

Bharat NCX

- The National Cybersecurity Exercise Bharat NCX 2025 was officially inaugurated.
- About Bharat NCX
- The exercise is being conducted by the National Security Council Secretariat (NSCS) in collaboration with Rashtriya Raksha University (RRU).
- The exercise offers an immersive learning environment focused on cyber defense and incident response, featuring live-fire simulations that mirror real-world attacks on both IT and Operational Technology (OT) systems.

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Word of the day

Piquancy:

a tart spicy quality; the quality of being agreeably stimulating or mentally exciting

Synonyms: tang, zest, nip

Usage: I liked the piquancy of the chilli in the sauce.

Pronunciation: newsth.live/piquancypro

International Phonetic Alphabet: /ˈpiːkənt/, /ˈpiːka:nt/

